



# Report on Various Events Conducted by VOICE Club for First Year Students SGGSIE&T, Nanded

VOICE Club of Shri Guru Gobind Singhji Institute of Engineering and Technology has welcomed Newly admitted First-year students by organizing the following webinars to boost their confidence and motivate them to excel in their overall performance.

The following webinars were conducted for newly admitted First Year students

- 1. Welcome Program for FY Students: Small Things Make A Big Difference
  - by Mr. Anand Patil (Chief Education Arch., KPIT & Ex. Associate Director @Cognizant Tech. Ltd.)
    - Along with Pantomime Show
- 2. Power of Habits by Dr. P. Hari Krishnan (Associate Dean and Professor, NIT Warangal)
- 3. Mind Your Mind by Mr. Amit Chauhan (Sr. Engineering Manager (R&D), DELL)

## **Small Things Make Big Difference**

### SUMMARY:

Speaker: Mr. Anand Patil Sir Date: 26<sup>th</sup> December, 2021 Duration: 1:30 Hours Total number of Participants - 390

We live a life where we always expect big things to happen. We think that if something small happens in our lives, we're not on the right track. And for big things to happen, we work harder. At times, we fail because we don't pay attention to a lot of small things.

So, to inspire newly admitted first-year and direct second year students to appreciate the little things in their life and make their life better and successful, VOICE Club had arranged this webinar on the topic "Small Things Make a Big Difference".

The Session started with the 'Pantomime Show' in which students experienced for the first time, a mime stage act on the topic- "Me and Mind".

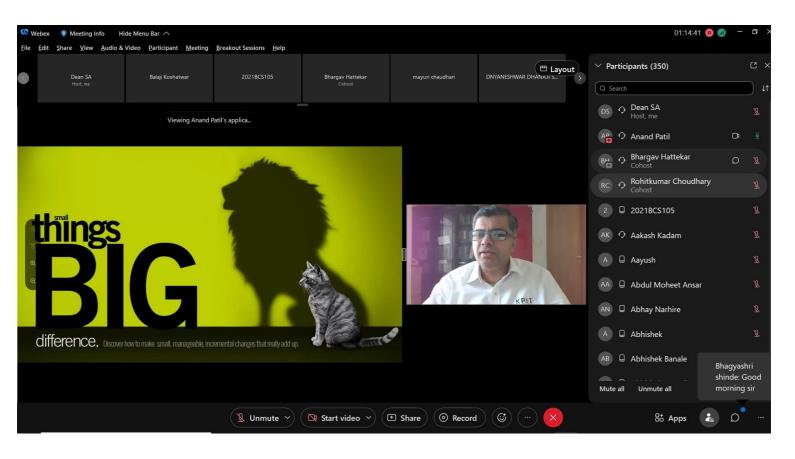
Sir then emphasized the theme of the program very wonderfully by telling students many stories like- Story of Grasshopper and working Ant, the Story of Chinese Bamboo Tree, and the Life Story of Chanakya Pandit.

In the session, sir practically also explained how a small idea of Jeff Bezos turned into world Tech. giant company 'Amazon' as well as, a small thought of 'Non-Violence' inspired Gandhiji to lead the Indian Freedom Movement. Bringing out lessons from the Pantomime show, Sir cited- 'ABCDEFGH' formula. While explaining it, sir gave many interesting examples emphasizing on Association of good people, reading wisdom literature Books, the importance of a healthy diet, regular Exercise, Following great personalities, Goal setting, and cultivating good Habits.

It was an interactive webinar concluded with a Questions and Answers session, students were asked many doubts to sir and were happy with the session.

Thus, the webinar was indeed enlightening for all the students and was endedwith a vote of thanks by Mr. Bhargav Hattekar.







## SUMMARY:

Speaker: Dr. P. Hari Krishnan Date: 15 December, 2021 Duration: 1 Hour Total number of Participants - 60

It is said that "Sow an act and you reap a habit. Sow a habit and you reap a character. Sow a character and you reap a destiny."

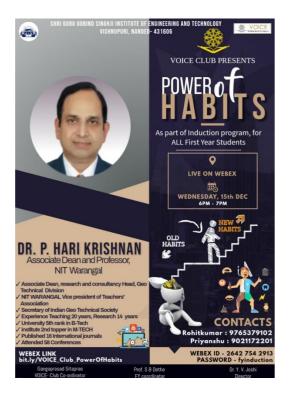
So, to guide the student of the SGGSIE&T, session on the topic "Power of Habits" was a humble attempt from the VOICE Club to introduce the importance of cultivating good habits in the early Youth; which is indeed the most important stage of life.

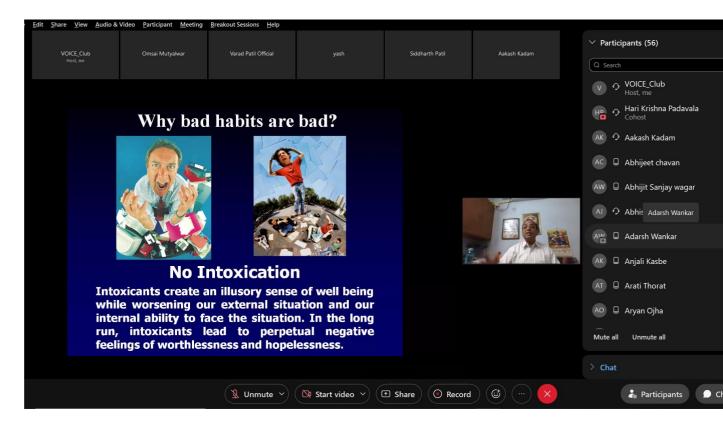
Sir started the session with a series of questions like- What are habits, how habits are addictive, what are the effects of bad habits, and why bad habits are bad even though they feel good, etc.

And most importantly, Sir answered all the above questions by giving appropriate real-life examples. Sir also elaborated on- "How to say 'No' to bad habits" with some practical solutions.

In the session, sir very beautifully explained how a good habit can shape your future in a positive direction and how a bad habit can worsen it! Sir then clarified the Conscious and Subconscious mind. Students actively participated in this webinar by asking wonderful questions to sir.

The webinar was indeed an enlightening session for all the students and was ended with a vote of thanks by Mr. Rohitkumar Choudhary to Dr. P. Hari Krishnan





# Mind Your Mind

### SUMMARY:

Speaker: Mr. Amit Chauhan Date: 19<sup>th</sup> December, 2021 Duration: 1 Hour **Total number of Participants - 100** 

"Until you realize how easy it is for your mind to be manipulated, you remain the puppet of someone else's game."

It is the famous saying that if one can control his mind then he can control the whole world. Mind control is one of the crucial topics of discussion among neuroscientists and Psychologists.

To help students of SGGSIE&T to avoid their mind becoming the worst enemy and make the best friend. VOICE Club had arranged a wondrous session on mind control - "Mind Your Mind".

Opening of the session was done by Sir by explaining what the consequences are if we a person fails to control his mind. Sometimes due to the uncontrolled mind one commits such an immoral act that one has to regret whole life. Sir took the responses of the students to properly engage students in the discussion.

Furthermore, Sir explained what kind of difficulties we face when we try to control our minds. Sir very beautifully explained the relationship between Sense control and Mind control by giving the Example of 5 Horses and a chariot. Sir relates mind with a Knife that how a mind can be used for the Positive as well as

Negative purposes depending upon who is the user of that instrument.

Approaching toward the end of the session sir had introduced GIGO Principle and gave practical tips like meditation to control the mind and make our best friend.

The webinar was concluded by Rohitkumar Choudhary by warm appreciation and gratitude toward guest and audience.

