

Activity 29: Two Day's Workshop for Enhancing Employability of PG Students "Be Different 'N' make the difference", 24th & 25th March 2017

The 2-days workshop on "Be different 'N' make the difference " short term workshop on Professional Communication was inaugurated at the hands of Director Dr. L. M. Waghmare in presence of Dr. M. B. Kokare, Dr. M. L. Waikar, Dr. Lenina Birgale, Prof. Manisha Mahindrakar. Prof. Megha JVL briefed about the program. Dr. Rajurkar Sir , Mr. Anjanchary Pinoji, Ms. Sheetal Hambarde , Mrs. Pallavi Wadhonkar, Mrs. Deepali Deshmukh attended the inauguration function.



Participants: 300 participants took part in this program, out of which 100 were post graduate students, 5 Ph.D. research scholars, 6 faculty.

Facilitator: Dr. A.Chiranjeevi



Day 1:

Session 1: Positive Mental attitude towards interview skills



Dr. A.Chiranjeevi started with taking a activity based learning for better understanding and knowledgeable skills i.e. Positive mental attitude is the philosophy that having an optimistic disposition in every situation in one's life attracts positive changes and increases achievement. Optimism and hope are vital to the development of PMA. For better performance. He formulated the problems, and explained basic tricks of communication as well as interview skills. The basic guidelines for the interview skill he can say. “When we LEARN we can EARN” understanding and careful listening is very important.

Session 2: Team Building



Overview: (Activity for Team Building)

This is an excellent quick, fun simple activity that shows the value of team work, it will get everybody energized and moving around the room and excited about the training, It can be a great opener for your team building class.

Time : 5 Minutes

Tools/Items required: Balloons (Balloon for each team member), Pins (Pin for every team member), Stopwatch

Setup:

Give each person one balloon and one pin then asks participants to blow their balloons. Once all balloons are inflated and everyone is ready say the following "You have 1 minute after I say go, after the minute is over the person who still has his/her balloon held up intact above his/her head is the winner of this game. Now Go!"

Rules for the trainer: For this activity to work, the trainer must not tell the group to actually use the pins and pinch each other's balloons. As soon as you say go. (Try to prompt them to move without actually telling everyone to start pinching each other's balloons using the pins, they will normally start doing this on their own).

Discussion: What will happen is that the group will go wild as soon as you say go , each team member will start pinching the balloons of others while trying to protect his/her balloon. The group will go crazy chasing each other around the room.

Discuss what prompted everyone and motivated them to be the winner? couldn't we all be winners in this game somehow , why did we decide on our own to use the pins and pinch the balloons of the other team? Tell the group that we could all have easily become winners in this activity if we all decided to raise our balloons in the air after I Said Go! , I did give you all pins but I did not say anything about pinching your partner's balloon. What's the point from this activity? This great activity makes a clear point that It's human nature that each one of us in the team wants to stand out and be the only winner which was very clear in what happened in this activity. The real team spirit is that everyone works together so we can be all winners and achieve our common team goals.

Day 2: Saturday, March 25

Session 1: Goal Setting and life management techniques.

The speaker started with discussing Goal Setting in life management applications.

You can apply for the goal framework:

Developing Life Goals

- Think about what you want.
- Write about yourself.
- Imagine your future.
- Make your goals specific
- Think about why.

Making a Plan for Achievement

- Rank your goals
- Do some research?
- Create sub goals.
- Create a timeline
- Plan for obstacles

Working Toward Your Goals

- Create the right environment.
- Get to work.
- Work on your goals consistently.
- Stay motivated
- Track your progress



Session 2: People Management Skill

“People skills” and attributes you’ll need to succeed in life.

In today’s world are very important aspects i.e. How to manage people?

- The ability to relate to others.
- Strong communication skills.
- Patience with others.
- The ability to trust others.
- Knowing how and when to show empathy.
- Active listening skills.

Valedictory:

Sheetal Hambarde, Pallavi Wadhonkar, Anjanchary Pinoji etc. were the members on the dias. Participants expressed their reactions and feedback. The program was concluded.

Co-ordinator: Mrs. M. Mahindrakar